

# EFR Instructor Course

Become qualified to teach **Emergency First Response (EFR)** primary and secondary care courses and add a valuable, safety-focused certification to your professional teaching portfolio.

This instructor-level program prepares you to confidently teach CPR, first aid, and emergency care skills to divers and non-divers alike.

## What You'll Learn

- 1 Teaching CPR & rescue breathing techniques
- 2 Primary & secondary care (first aid) instruction methods
- 3 Skill demonstration and student coaching
- 4 Course organisation & effective scenario-based teaching
- 5 Confidence building through realistic emergency simulations

## Why This Course Matters

- 1 Required for PADI Open Water Scuba Instructor certification
- 2 Essential safety training for dive professionals
- 3 Allows you to teach EFR courses independently
- 4 Expands employment opportunities worldwide

## Training Location

Khao Lak, Thailand

## What Happens Next

- 1 Your booking confirmation and course details are included with your confirmation email.
- 2 Pre-course preparation guidance will help you arrive ready and confident.
- 3 Information about materials and certification requirements will be provided.

We look forward to training with you and helping you deliver life-saving skills with confidence.